



## The Forgotten Martial Art of Myanmar

Yangon



Meet a former Lethwei champion and learn about Burmese martial art of bare knuckle kickboxing with similarities to Thai kickboxing

Lethwei is the Burmese martial art of bare knuckle kickboxing with similarities to its sister sport in Thailand. Lethwei derives its name "the Art of nine limbs" from the unusual inclusion of head-butting in its rules.

Meet a former Lethwei champion and understand what it takes to be a champion in one of the most brutal combat sports in the world. Learn about how the Burmese and Thai kickboxing rivalry unfolded in the region.

<b>Style :</b>	Product Personalities
<b>Tour Type :</b>	Private
<b>Minimum :</b>	1 Person
<b>Duration :</b>	2 hrs
<b>Includes :</b>	Meet with a former Lethwei champion