



## 16 DAYS

Yangon Pyay Yenangyaung Salay Bagan Kalaw Inle Lake Samkar Nay Pyi Taw

# MYANMAR SLOW BROCHURE

# Rediscovering The Art of Slow Travel

Myanmar has a rich heritage and culture and also plenty of nature resources in South East Asia. The best thing of Myanmar is her people. Therefore our programs are developed to provide our guests with ample opportunity to interact with local people in a manner that isn't overly contrived. As we do focus on experiences, we typically take out half the standard temples and replace them with interesting experiences one would struggle to have otherwise. Moreover we are supporting responsible & sustainable tourism and make the overland trip to rural districts, hidden gems and highlight destinations by various local transport modes to reduce the carbon footprints. The itinerary is a very nice combination of nature, culture, soft-adventure, colorful tribes and the ways of local life that make you amazed.

On the other hand, you will have a chance to support the local communities and in-touch with friendly local people on the way you are traveling by bus or train.



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# Day 1 Yangon arrival

Welcome to Myanmar!

# Day 2

#### Yangon — Spiritual Shwedagon Pagoda

On this interactive half-day tour we take you on an off-beat adventure, not just to see Yangon's spiritual Shwedagon Pagoda, but to experience the daily lives of people living in the community around this impressive monument. Learn about the history of Shwedagon and come out with a deeper insight into Myanmar's Buddhism and how animist beliefs in spirits still play a part in Buddhist rituals and ceremonies. This tour includes a contribution to local charity initiatives.

## <mark>Day 3</mark> Yangon – Pyay





#### Day 4 - 5 Pyay – Yenangyaung Adventure on a boat - going fishing with a local fisherman

A wonderful, one of a kind experience awaits you on this half day tour. A short, early morning walk takes you down to the village Sharr Pin Yoe, for an opportunity to experience and interact with the local people . Then we are heading toward the edge of the water for fishing with a local fisherman, magical in the early morning light, glides silently by when you travel on board. The challenge is to be patient by sitting and "Kanalay" – waiting. The peaceful river and the age-old rhythmic motions of the fisherman have a very soothing, almost hypnotic effect, so that even time spent waiting seems to fly. Then, the silvery flashes, indicating a small fish in the net.

#### Day 6 Yenangyaung – Motorbike safari – Salay Discover Authentic Myanmar

This 5 hours motorbike tour will give you an insight into the daily working life of the local population and take you to discover authentic Myanmar.

The route will take you across sandy tracks along the river bank, in the small hamlet Phayar Gone. Fertile fields with laborers wearing khamauk, the typical conical bamboo hats, herds of goat and cattle, picturesque little roadside shops and impressive Banyan trees are all a part of the timeless scenery. Continue to visit Magyikan Village, you will have a chance to experience local homestay at village houses besides enjoying agricultural sceneries, observing local traditional activities and culture of the people of Magyikan and nearby villages.

#### Day 7 Salay – private boat to Bagan

#### Day 8 🥌 Bagan – This is Bagan: A Journey through the Centuries

Full day to experience the wonders of Bagan, visiting some of the best-known temple ruins the area. Places like in Ananda, Dhammayangyi, Sulamani, and Thatbyinnyu, will leave you in awe of the skills of ancient craftsmen. You begin by first climbing a hill to see a pagoda for an impressive view and orientation of Old Bagan. From the top, you will see the ancient ruins rising up from the rice plains in every direction. This is a beautifully peaceful part of Bagan where the temple ruins are often completely deserted.







You will cycle with your guide through some of Bagan's most spectacular rural scenery, dotted with ancient temples and stupas. Riding at a leisurely pace over relatively flat terrain, there's plenty of time to stop when the fancy takes you to get some truly memorable photos of the region.

#### Day 10 🥯 🌏 Bagan – Kalaw by car Elephant Encounter in the Forests of Kalaw

Your guide will take you for a rewarding day into the forests surrounding Kalaw, where you will encounter elephants, their mahouts, and people living in the region. Young tourism professionals from Kalaw town decided to set up Green Hill Valley Elephant Camp, a project that is focused on protecting nature, providing care for elephants no longer fit to work, and preserving the traditions of local people living in and around Kalaw – a former hill station that today is popular for trekking.



## Day <mark>11</mark> Kalaw – Inle Lake

Trekking, Tribes and Train Ride from Kalaw to Inle Lake



Inle Lake in southern Shan State is a vast natural lake surrounded by traditional Shan villages. Today you will travel around the lake to discover its natural beauty, visiting floating gardens, observing the famous leg rowers in action and enjoying tea at a local family's home. There will also be a chance to see a local workshop where the Burmese cheroot cigars are made. You will make a stop at Phaung Daw U Pagoda, a famous pilgrimage site that is home to five golden Buddha statues.

#### Day 13 Inle Lake – Samkar Villages and lake experience

Day 14 🥞

Samkar Lake – Nay Pyi Taw Samkar Lake and surroundings by boat, tuk and on foot discovering the area.

Jump on board to Nam Tok jetty where a local tuk is ready to show some of the local jobs typical for this area like brewing a local wine. We continue on foot for a walk with fantastic views over the lake and visit a local Pa O family in Thamata village that has prepared a traditional home cooked vegetarian meal for us.

Khiri wants to support local communities and therefore we decide to have the tour accompanied by local people who have limited English skills but love their area and will lead you through their community with pride.





#### Day <mark>15</mark> Heho – Yangon

Transfer to the airport for your flight to Yangon. Pick up from the airport for your transfer to start the tour with guide.

#### Find it with our Personalized Shopping Tour

Join our specialist shopping guide for this half-day tour, and go on a personalized shopping spree to boutique shops, markets and bazaars to find almost anything your heart desires. Whether it's a longyi (local sarong), a silk shirt, old books, antiques, paintings or even a trishaw, our shopping specialist knows just where to find it. Depending on what you prefer, this fun shopping excursion can either start or end with a delicious lunch in the company of a local entrepreneur, who grows their own organic vegetables and produces locally made 'French' cheeses, hams and other specially prepared foods. After your shopping bonanza you can soothe your aching feet with a foot massage, given by visually impaired and hard of hearing masseuses, trained by a local charity.

## <mark>Day 16</mark> Yangon – Departure

Transfer to the airport for your departure flight.

sales.myanmar@khiri.com

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