



Follow a Monk's Life

Bangkok

Gain insight into Buddhism, learn about daily rituals and witness monks dressed in saffron receive their alms.

As the sun begins to rise, venture out to witness the giving of morning alms to the saffron-clad monks. Providing food to the monks, what Thais call tak bat, is a way to make merit. Observe in silence this tradition where Thai people distribute food, cooked rice, fruits and other foods which has been prepared by themselves. Learn about temple rituals and daily life of a monk as you gain an insight and intimate understanding of Buddhism. Step inside a small neighborhood temple, make an offering, light a candle and burn incense. Receive a blessing from a monk and learn how to pray in a Buddhist pagoda.

Style :	Khiri Signature
Tour Type :	Private (Early AM)
Minimum :	2 Persons
Duration :	2 hrs
Includes :	Guide, local transport, donation
Product ID :	PC-TH-20211028002